



## Concussion Policy

Rowan's Law was introduced to Skate Canada and Skate Ontario, by the Government of Ontario, in September 2019. Its purpose is to ensure athletes under 26 and parents of athletes under 18 years of age must confirm that they have reviewed the Government of Ontario Concussion Awareness Resources (found [HERE](#)) and Skate Ontario's Concussion Code of Conduct for Athletes and Parents/Guardians prior to registration and/or on the first day of skating. The information for coaches and skaters can be found below:

- [Concussion Code of Conduct for Coaches](#)
- [Concussion Code of Conduct for Athletes](#)

Every skater or parent of an under-age skater must read and acknowledge their understanding/agreement with this law.

- [Acknowledgement Form](#)

In the event a suspected concussion has occurred, Matrix Synchronized Skating Academy Removal-of-sport and Return-to-sport protocols must be followed. These protocols can be found below:

- [Removal-of-sport & Return-to-sport Protocols](#)

In the event of a concussion or any on-ice injury, an Incident Report is completed by a witness who is a Coach or Board member and follow-up occurs within a week. The incident (and [FORM](#)) is brought to the attention of the Executive Board and then submitted to Skate Canada online no later than thirty (30) days from the date of the incident. Decisions to return to skate are based on the information provided by the family. Incident reports are filed into skaters folder.